

Prayer and Using the Lord's Prayer as a Template for Devotional Prayer  
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I. Introduction

A. What is Prayer?

1. The words in the Scripture for "prayer" have various definitions: "ask", "fall to one's knees, or kneel down before", "to worship", "knock", "intercede", "meet", "turn to", "petition", "intercede", "plead", "request", "beg", "supplication". Other terms involved in it are "praise", "thanksgiving", and others.
2. My definition: It is connective bidirectional communion with God that deepens your experiential relationship with Him.

B. What is the Prayer Posture I need to Approach God?

1. Thanksgiving and praise (Psalm 100:4). Ps. 22:3 (ESV) "You are holy, enthroned on the praises of Israel"
2. Humility (Ps. 138:6; Jn. 15:5). He experiences the prideful from a far.  
We need to surrender our agenda to meet with God.
3. Desire to come, commune with, and receive from Him (Mt. 11:28-30)
4. It involves placing yourself in the position of allowing your mind to be renewed through testing (Rom. 12:1-3) to activate the mind of Christ (I Cor. 2: 9-16)
5. Quieting: Ps. 46:10 "Be still and know that I am God"  
"Be still, let go, relax and experience Me"

C. What does prayer involve?

--Prayer is bi-directional communication

1. Speaking to God
2. Listening to God: God speaks through two books. Can you hear Him speak?
  - a) Book of Creation and your experience in the world (Rom. 1:20; Ps. 19:1)
  - b) His written Word (Heb. 4:12)

II. The Lord's Prayer (See Below)

**Prayer Notebook<sup>1</sup>**  
**by Dr. Glenn Giles**

<p>Getting started: Based on the Lord's Prayer Mt 6:9-13</p>	<ol style="list-style-type: none"> <li>1. Surrender your agenda, ask Jesus to guide you and renew your mind.</li> <li>2. Without Jesus I can do nothing</li> <li>3. I need help in knowing what to pray for</li> <li>4. Read and meditate on a praise psalm</li> </ol>	<ol style="list-style-type: none"> <li>1. Ps 139:23-24 Rom 12: 1-3;</li> <li>2. Jn 15:5</li> <li>3. Rom 8:26-28</li> <li>4. Ps 100, 138</li> </ol>
<p>"Our Father in Heaven". Praise and thanksgiving for our relationship with God (Father, Son, and Holy Spirit; Mt. 28:19-20)</p>	<ol style="list-style-type: none"> <li>1. The Father: Loves me because I love Jesus &amp; believe God sent him The Father wants me in His family The Father loves me and sent Jesus to save me</li> <li>2. The Son (Jesus): is my Lord and my God Is my friend and is totally open with me Is not ashamed of me and I am His brother Died for me and loves me He gives me peace He gives me the Holy Spirit</li> <li>3. The Holy Spirit: Given to me at my baptism He leads me to give me love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. He makes me free and transforms me  He is my counselor/advocate He teaches me and reminds me of what Jesus said He will convict the world (and me) of sin, righteousness, and judgment</li> </ol>	<ol style="list-style-type: none"> <li>1. Jn 16:27 Eph 2:19; 2 Pet 3:9 (cf Heb 2:11) Jn 3:16</li> <li>2. Jn 20:28 Jn 15:12-15 Heb 2:11 Rom 5:8 Jn 14:27 Acts 2:38; Jn 15:26</li> <li>3. Acts 2:38 Gal 5:16-25  II Cor 3:17-18 Rom 8:21 Jn. 14:26  Jn 16:7-11 Cf. Heb 4:12-13</li> </ol>
<p>"Hallowed be your name." Make God's name holy through praise and thanksgiving.</p>	<p>Names of God:</p> <ol style="list-style-type: none"> <li>1. Yahweh = I AM, Jesus said "I, I am</li> <li>2. Yahweh Ya'shuah = The LORD is my salvation</li> <li>3. Yahweh Tsidke'nu = The LORD is my righteousness</li> </ol>	<ol style="list-style-type: none"> <li>1. Ex 3:14; Jn 8:58</li> <li>2. Ps 27:1; Mt 1:21</li> <li>3. Jer 23:6; I Jn 1:7-9</li> </ol>

<sup>1</sup> Based off of the Lord's Prayer in Matthew 6:9-15. The outline for this prayer format and much of the broad outline used here comes from *Becoming a Man of Prayer: A Seven-Week Strategy Based on the Instructions of Jesus*, by Bob Beltz, published by NavPress, 1996.

	<p>4. Yahweh Mkadishke'm = The LORD makes me holy</p> <p>5. Yahweh Shammah' = The LORD is there. Emmanuel = God with us</p> <p>6. Yahweh Rohi' = The LORD is my shepherd, my provider, my guide (paths of righteousness), my protector (rod and shield), my restorer, my <i>good</i> shepherd, security, sustainer, deliver, shield</p> <p>7. Yahweh Yi'eh (Jireh) = The LORD is my provider, will provide</p> <p>8. Yahweh Rophe'ka = I am the LORD who heals you He leads out in and makes provision for atonement/forgiveness He is the source of physical healing</p> <p>9. Yahweh Nissi' = the LORD is my Banner (brings victory) God promises me victory We are more than conquerors through Jesus The LORD is a Warrior</p> <p>10. Yahweh Shalo'm = The LORD is peace  Jesus makes Jews and Gentiles into one bringing peace He makes me a citizen of Israel "I will be your God and you will be my people"</p> <p>11. Give God Praise for his incredible character: Holy, righteous, just, personal (yada'), faithful, infinite, eternal, omnipotent, omnipresent, loyal (ahav), sovereign, wise, good, gracious, merciful, kind (hesed), protective, caring, love, selfless, serving, longsuffering (patient), full of joy.</p>	<p>4. Lev 20:8; Heb 2:11</p> <p>5. Ez 48:35 Mt 1:23; 28:20</p> <p>6. Ps 23 Jn 10:10 Ps 18:1-2 Is 46:4</p> <p>7. Gn 22:14</p> <p>8. Ex 15:26 Is 53:5 Ja 5:14-16</p> <p>9. Ex 17:15, Jer 29:11; Rom 8:28, 37-39 Ex 15:3; Jer 20:11</p> <p>10. Jdg 6:24; Num 6:24-27 Eph 2:14 Eph 2:12-13 Jer 31:33; 7:23</p> <p>11. Ps 145-150 and throughout the Bible</p>
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<p>“Your kingdom come, your will be done on earth as it is in heaven.”</p>	<ol style="list-style-type: none"> <li>1. God’s rule in my personal life <ul style="list-style-type: none"> <li>--Be pleasing to God</li> <li>--My character to change and be like Christ</li>   <li>--Fruitfulness</li> <li>--Servant heart</li> <li>--Faith</li> <li>--Be open to spiritual leading</li> <li>--Strive for growth</li> <li>--Realize and go after my mission</li>   <li>--Health and blessing from God</li>   <li>--Be a great husband/wife/father/mother/gmpa/gmma</li>   <li>--Increase in love, be a protector/non-judgmental/safe place for others</li>   <li>--Know my limits, my gifts</li> </ul> </li> <li>2. God’s rule in my family <ul style="list-style-type: none"> <li>--Wife/husband</li> <li>--Children/grandchildren</li> <li>--Other family members</li> <li>--Extended family/Friends</li> </ul> </li> <li>3. God’s rule in our church, individuals, and leaders</li> <li>4. God’s rule in other churches <ul style="list-style-type: none"> <li>--Rocky Mountain Region</li> <li>--SE Asia mission churches</li> <li>--New church plantings present and future</li> </ul> </li> <li>5. God’s rule in our churches on the continents</li> <li>6. God’s rule in sending out workers for the harvest</li> <li>7. God’s rule in governmental leaders—national down to local <ul style="list-style-type: none"> <li>--pray for the best climate to spread the Gospel</li> <li>--Mercy/forgiveness/healing of the nation</li> <li>--Justice</li> </ul> </li> <li>8. God’s rule in the ICOC service teams and leaders</li> <li>9. God’s rule in HOPE Worldwide, hunger, peace, poverty all around the world</li> <li>10. God’s rule in my/my family’s Bible Talk’s personal outreach/evangelism</li> <li>11. God’s rule for RMSMT and other training ministries</li> <li>12. Let Jesus be Lord of all.</li> </ol>	<ol style="list-style-type: none"> <li>1. Ps 19:14 Mt 6:33 Ps 139:23-24 Eph 4:13 Gal 5:22 Jn 15:1-5 Jn 13:1-17 Heb 11 Gal 5:16-18 I Pet 2:2 Acts 1:8 Mt 28:19-20 III Jn 2 Num 6:24-26 Eph 5:22-28 I Pet 3:1-7 Deut 6:1-9 I Cor 13:1-8a Mt 22:34-40 II Tim 4:2 Col 3:13 Jam 1:19 Jn 3:17 Lk 6:37 Rom 12:3</li> <li>2. I Cor 10:31</li>   <li>3. Heb 13:17ff</li> <li>4. II Cor 11:28 Eph 1:15-17 Col 1:3-5 Phil 1:3-6</li> <li>5. Acts 10:34f</li> <li>6. Lk 10:2</li> <li>7. I Tim 2:1-4  II Chr 7:14 Lk 18:1-8</li> <li>8. Heb 13:7</li> <li>9. Lk 4:18-19</li> <li>10. Rom 12:1-3</li> <li>11. Eph 4:11-15</li> <li>12. I Pet 3:15</li> </ol>
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<p>“Give us today our daily bread”</p>	<ol style="list-style-type: none"> <li>1. My present needs: food, shelter, clothing, strength --Whatever is your present need</li> <li>2. Spiritual food --More of Jesus</li> <li>3. Remain in Jesus</li> <li>4. Meet the condition for Him meeting my needs --Be a giver first --Better to give than receive --Test God</li> <li>5. Diligence in work --Protection and success in my job</li> <li>6. Fulfill my desires with good things  --God wants to give me good gifts, clothing, transportation, Vacation, rest, etc. --Conditions—my motives --is it for God’s glory?</li> <li>7. Provision for the future --Anxiety --Diligent Savings  --For my children’s inheritance  --God desires me to prosper and have well being --Be generous and refresh others</li> </ol>	<ol style="list-style-type: none"> <li>1. Is. 58:11 Phil 4:19</li> <li>2. Josh 1:8 Jn 6:31-35</li> <li>3. Jn 15:7</li> <li>4. Lk 6:8  Acts 20:35 Mal 3:10</li> <li>5. Prov 28:19 Prov 10:4</li> <li>6. Ps 103:5 Ps 145:19  Mt 7:7-11 Jas 4:2-3 Jn 14:12-14</li> <li>7. Phil 4:6-7 I Pet 5:7 Prov 21:20 Prov 30:24-25 Mt 7:9-11 Prov 13:22 Ps. 128 Prov 11:24-25</li> </ol>
<p>“Forgive us our debts (sins) as we also have forgiven our debtors (those who have sinned against us)”</p>	<ol style="list-style-type: none"> <li>1. Confession of sin --my sin is . . . --to God --to one another</li> <li>2. Forgive --Others --Self, love yourself enough to forgive yourself --as God does</li> <li>3. Forgive so that God will forgive you</li> </ol>	<ol style="list-style-type: none"> <li>1. I Jn 1:9-10 Rom 3:23 Ps. 139:23-24 Jas 5:16-18</li> <li>2. Col 3:13 Lk 23:34 Mt 22:39 Col 2:13-14</li> <li>3. Mt 6:14-15</li> </ol>
<p>“And lead us not into temptation but deliver us from the evil one”</p>	<ol style="list-style-type: none"> <li>1. Put on His full armor --Belt of truth (shame protector) --Breastplate of righteousness (heart protector)  --Feet ready for gospel of peace (anxiety protector)  --Shield of faith to extinguish flaming arrows of Satan (doubt protector) --Helmet of salvation (mind and identity protector) --Sword of the Spirit = Word of God (offensive weapon) --Prayer in the Spirit: Relational protector: Keeps me close to God and gives me spiritual insight and sight. Prayer is also my offensive against Satan</li> </ol>	<ol style="list-style-type: none"> <li>1. Eph 6:13-17 Heb 2:11 II Cor 6:7 Heb 12:3 Col 3:15; I Pet 5:7 Jas 1:6-7  I Jn 3:10 Mt. 4:4,7,10,17 Rom 8:26-27 Eph 1:18-19 Eph 6:18</li> </ol>

	<p>2. Ask for a spiritual hedge around me</p> <p>3. Let God be my rock, fortress, rampart, and refuge</p> <p>4. Realize God has ministering angels around me for protection</p> <p>5. Realize Jesus is right there with me forever</p> <p>6. Realize my authority in Christ. I have the power of God to take a stand.  --It is in Jesus' authority that we have the power of God to stand</p> <p>7. Realize who my struggle is against</p> <p>8. Resist the devil and he will flee</p> <p>-- Do not give Satan a foothold</p> <p>--Use prayer to deliver myself from Satan's strongholds and take every thought captive and bring it into obedience to Christ</p> <p>--resist lies and fears the devil puts in my mind and heart</p> <p>--these lies and fears believed can become strongholds that you need to deny, and be delivered from by Jesus</p> <p>--What the devil attacks and gets me on is illustrated by the acrostic FIDARS</p> <p>F = My connection with the <b>F</b>ather and <b>J</b>esus</p> <p>I = My <b>I</b>dentify before <b>G</b>od</p> <p>D = My <b>D</b>estiny and what I am to do for <b>G</b>od</p> <p>A = the <b>A</b>uthority God has given me to overcome the enemy and to <b>A</b>dvance <b>G</b>od's <b>K</b>ingdom</p> <p>R = my ability to become <b>R</b>elational and <b>R</b>each out to others</p> <p>S = the <b>S</b>trength Jesus gives me to live the Christian life in the power of the Holy Spirit</p> <p>-- I must resist Satan by being aware of his work in these areas so he will flee and I will be delivered from bondage.</p> <p>--I must verbally renounce lies and fears I believe</p>	<p>2. Job 1:10</p> <p>3. Ps 5:11-12  Ps 1:1-4</p> <p>4. Heb 1:14  Mt 18:10</p> <p>5. Mt 1:23; 28:20</p> <p>6. Eph 6:10-11  I Jn 4:4  Phil 2:10</p> <p>7. Eph 6:10-17  I Pet 1:8</p> <p>8. Jas 4:7  Mt 16:13-16  Eph 4:27  II Cor 10:3-5</p> <p>I Jn 4:1</p>
<p>"For yours is the kingdom and the power and the glory forever. Amen"</p>	<p>1. End with praising God and giving Him glory</p>	<p>1. Ps 145:3</p>